

	<b>Health and Wellbeing Board</b> <b>20 July 2017</b>
<b>Title</b>	<b>Barnet Family Nurse Partnership</b>
<b>Report of</b>	Strategic Director for Children and Young People
<b>Wards</b>	All
<b>Date added to Forward Plan</b>	November 2016
<b>Status</b>	Public
<b>Urgent</b>	No
<b>Key</b>	No
<b>Enclosures</b>	Appendix 1 – Case study 1 Appendix 2 – Case study 2
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## Summary

Early intervention and prevention is a key priority of the Children and Young Peoples Plan 2016-2020 and Joint Health and Wellbeing Strategy 2015-2020. It is particularly important in pregnancy and in the early years for young families. In Barnet, young first-time mothers receive extra support throughout their pregnancy and up until their child reaches two years of age. The Family Nurse Partnership (FNP) is one of the evidenced based programmes that is commissioned by the London Borough Barnet (LBB) and delivered by Central London Community HealthCare Trust (CLCH). The delivery of FNP actions the Barnet child health needs.

## **Recommendations**

- 1. That the Health and Wellbeing Board notes the ongoing work of the FNP Programme Board and the long term benefits to young people and their babies across Barnet, recognising the benefits and long term cost avoidance when considering future commissioning plans.**

### **1. WHY THIS REPORT IS NEEDED**

#### **Background**

- 1.1 The Family Nurse Partnership (FNP) programme sits at the intensive end of the preventative care pathway for more vulnerable children and families working within our local safeguarding policies and procedures. It is an intensive home visiting, evidenced based preventative programme offered to young mothers having their first baby and until the child turns two years old. It begins in early pregnancy and is orientated to the future health and well-being of the child which sits within the continuum of the progressive Healthy Child Programme.
- 1.2 The FNP programme enables and promotes multi-professional relationships and working to improve outcomes for young people and their babies.
- 1.3 The FNP Programme is a good fit with national and local priorities. As It:
  - Provides prevention and early intervention for vulnerable teenage mothers and their children), and also leaving care clients up to age of 24years
  - Works to improve access and engagement with other services (e.g. social care and children's centres)
  - Works to improve child health and development (e.g. school readiness) so that children develop in line with expectations for this age group
  - Works to improve the life chances for mother and child by breaking cycles of disadvantage (e.g. focusing on supporting mothers to get back into education, employment or training)
  - Delivers the Healthy Child Programme to first-time teenage mothers
  - Addresses the six early years high impact areas - transition to parenthood, maternal mental health, breastfeeding, healthy birth weight and nutrition, managing minor illness and reducing accidents, and supporting child development
  - Supports resilience building enabling young mothers, their partners and children to continue achieving good outcomes following the Programme.
- 1.4 The Programme costs £3,200 per year per client (mother and baby) per year which equates to £6,400 over two years. The contract started as a national pilot programme in 2013 and a full national review is currently being undertaken to assess its effectiveness.
- 1.5 The team work remotely and meet weekly at base. The team run parenting groups in Children's Centres (CC) to bring more young parents into CC's as

these mums will often not attend the young parents groups in CC as they are 25 years and under.

- 1.6 The overview of 2016 activity of the Barnet FNP programme clearly demonstrates that the FNP Service with 5.1 WTE staff and a £300k plus budget has had a caseload capacity of 100, over 477 referrals into the service since 2011 to present. This further supports the outcome based on strong links with social care, housing and maternity services as the numbers of clients leaving prematurely in 2015/16 has reduced.

### **Outcomes and benefits**

- 1.7 The Dartington Social Research Unit's Investing in Children<sup>1</sup>, estimate that for every £1 invested in the FNP programme, society obtains £1.94 return. Therefore, for 100 clients and babies this equates to cost avoidance over 2 years of £601,600.
- 1.8 The efficiency cost avoidance come from less use of health services, reductions in child abuse and social care needs, better school achievement, reduced involvement with criminal justice services, improved mental health and increased earnings. By reducing these costs the multi-agency stakeholders can concentrate their work on more vulnerable high risk cases.
- 1.9 For high risk families the costs were recovered by the time the children reached 4 years due to reduced use of health services and avoided costs.
- 1.10 The figures below outline two case studies from Barnet's FNP programme demonstrating the potential cost avoidance achieved from intensive support of two clients (social care reference costs from 2015):

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<sup>1</sup> <http://investinginchildren.eu/interventions/family-nurse-partnership>

## Case study 1 - G 2011-2013 age 17

CASE Study 1	Costs to LA	Interventions
Petty crime and police involvement	£14,762	Stopped any offending
Drug use	£215	Referral to drug services
Non attendance at school	£28,136	Re-engaged with school on reduced timetable
Health	£494	Attending ANC appointments with FN
Social care	£37,726	After initial assessment – not escalated to CP, as long as worked with FNP
Domestic violence (Brother and grandfather)	£23,315	Engaged with DV services and relationship programmes
Housing and rent arrears		Referred to housing welfare and agreed Payment plan and benefits reviewed
	£89,886.00	
FNP intervention	£8000 (2 years)	Engaged with FNP
<b>Savings</b>	<b>£83,886.00</b>	

## Case study 2- L . 2012-2014, Age-16 years

	Cost to LA	Intervention
Petty crime	£14,762	Engaged with FNP
Non attending health appointments	£494	Attended appointments and agreed to meet with Youth worker
LAC in LA children's home (3 <sup>rd</sup> generation LAC)	£185,412 year (£3181 week)	Referred to welfare rights and benefits team/ housing
Not engaging with Social care or youth services		Social worker invited to FNP meeting
Unborn assessment	£37,726	Unborn on CP plan- stepped down at 6 months
Not attending school	£28,136	Engaged on reduced timetable, and post delivery voluntary work
Mother and baby unit 12 weeks	£40,212	FNP continued to visit during placement and weekly visits on return to Barnet
		At 2 years- breast feeding, 100% immunisation uptake Working/ Partner working Accessing early years funding
	£286,742.00	
FNP	£8000 + placement	
<b>Savings</b>	<b>£240,520.00 )</b>	Mother and baby unit enabled L to return to Barnet and parent. Therefore reducing cost of foster placement or of new-born requiring additional services)

- 1.11 Further successes from the Barnet programme include the uptake of early years funding and the number of young mothers in Education, Employment and Training; 63.2% at 2 years following the birth of their children.

## **2. REASONS FOR RECOMMENDATIONS**

- 2.1 Barnet FNP is commissioned by LBB and delivered by CLCH. The paper informs the Board of the contribution of FNP makes to the strategic priorities of the HWBB and the difference the programme is making to key outcomes for vulnerable mothers and their young children across Barnet and the long term savings.

## **3. ALTERNATIVE OPTIONS CONSIDERED AND NOT RECOMMENDED**

- 3.1 FNP is an internationally recognised evidence based programme which LBB is committed to provide. It will form part of the 0-19 early years services review to ensure future sustainability and integration with other services.

## **4. POST DECISION IMPLEMENTATION**

- 4.1 FNP will continue to deliver the programme across Barnet with the enhanced referral criteria and continue to collect evidence of successes and cost savings and the Family Nurse Partnership Board will continue to manage the implementation and delivery of the programme

## **5. IMPLICATIONS OF DECISION**

### **5.1 Corporate Priorities and Performance**

- 5.1.1 The implementation of the FNP priorities aims to improve the health outcomes of Children and Young People 2016-2020 in Barnet and delivers the priorities of the Joint Health & Well Being Board Strategy 2015-2020.

- 5.1.2 The Service supports the Council's Corporate Plan 2015-2020 in ensuring that the services deliver efficient, quality and transparent services which will result in better value for money for the taxpayer and good outcomes for children and young people by ensuring the following below:

- According to FNP National Unit, FNP is often cited as the most effective programme for preventing child abuse and neglect and reducing childhood injury and this is where some of its strongest evidence lies. Outcomes of the programme in this area include:
  - Reductions in verified child abuse and neglect
  - Reductions in health care encounters for injuries
- In Barnet the number of initial assessments has remained static at 19% however the number of children placed on Child Protection Plans within FNP has reduced from 8.3% in 2015 to 2.8% 2016.
- Supporting mothers back into employment/ study- Barnet FNP has over 63% of mothers in employment or education at 2 years.
- Children with 100% immunisation uptake, 88% FNP babies' breastfed and 27% still breastfeeding at 6 months and education re: healthy lifestyle choices and diets.
- Vulnerable children starting school being on a equal reading and maths level to their peers.- gathering long term FNP Barnet data following these children through KS1- KS4.

5.1.3 The FNP programme delivers against the four themes of the Joint Health and Wellbeing Strategy throughout the duration of the programme to young pregnant teenagers and supports these mothers into parent their children well and achieve positive outcomes.

## 5.2 **Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)**

5.2.1 The FNP in Barnet costs £300k a year and is funded by Public Health grant.

5.2.2 The structures and arrangements in place over the five years has ensured effective leadership, financial effectiveness, support and management of our FNP team who have achieved programme targets and goals year on year.

## 5.3 **Legal and Constitutional References**

5.3.1 The FNP Service is commissioned within the relevant contract rules and regulations of the London Borough of Barnet and Barnet Clinical Commissioning Group.

5.3.2 Compliance with FNP licensing agreement to replicate FNP programme delivery and obtain best outcomes possible. The FNP Advisory Board is chaired by the Local Authority Barnet Senior Children's Commissioner. The Board meet monthly to monitor progress of the service, address concerns, and review progress against service improvement action plan.

5.3.3 Under the Council's Constitution (Responsibility for Functions) Annex A, the terms of reference of the Health and Wellbeing Board includes:

- To receive assurance from all relevant commissioners and providers on matters relating to the quality and safety of services for users and patients.
- To directly address health inequalities through its strategies and have a specific responsibility for regeneration and development as they relate to health and care. To champion the commissioning of services and activities across the range of responsibilities of all partners in order to achieve this.
- Specific responsibilities for: overseeing public health and developing further health and social care integration.

## 5.4 **Social Value**

5.5 The Public Services (Social Value) Act 2013 requires people who commission public services to think about how they can also secure wider social, economic and environmental benefits.

The developments within the FNP programme approach ensure that the service provides a efficient wellbeing, health and social care for children and families whilst ensuring that it delivers benefits to individuals in a much more coordinated fashion, supporting young mothers when they need it and providing the right amount of support to ensure individuals develop the skills they need to make choices for their own well-being in the future. Services

working together derive social capital from each other and this in turn supports a collaborative approach towards sustainability within an ever-changing economy.

## **5.6 Risk Management**

5.6.1 This is managed as part of the governance arrangements and monitored through the relevant Programme Management Office and the Family Nurse Partnership Board.

## **5.7 Equalities and Diversity**

5.7.1 The Public Sector Equality Duty at s149 of the Equality Act 2010 will apply to CCGs and local authorities who as public authorities must in the exercise of their functions have due regard to the need to eliminate discrimination, harassment, victimisation, and any other conduct that is prohibited by or under the 2010 Act and advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it and foster good relations between persons who share a relevant protected characteristic and persons who do not share it. The protected characteristics are - age; disability; gender reassignment; pregnancy and maternity; race; religion or belief; sex; sexual orientation.

5.7.2 FNP Barnet offers the programme to all young persons across the borough, who fit the referral criteria. This is a privilege and enables the Borough of Barnet to offer the service to all pregnant teenagers in Barnet. Section 149 of the Act imposes a duty on 'public authorities' and other bodies when exercising public functions to have due regard to the need to:

- eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under the Act
- advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it
- foster good relations between persons who share a relevant protected characteristic and persons who do not share it.

## **5.8 Consultation and Engagement**

5.8.1 Barnet FNP service has a strong client representation, both locally and at Board level. There is continued client evaluation and feedback, patient stories to feedback, support service modifications and adaptations to the delivery of FNP.

5.8.2 This includes

- The team holding three client events annually to celebrate successes and involve stakeholders.
- Running of a mother and baby FNP group within Children Centres, which has increased young people accessing CC.
- Clients present at FNP Advisory Board and the Children's Trust.
- Clients also represented on interview panels during recruitment process.

5.9 **Insight**

5.9.1 Barnet FNP has been commissioned for 5 years, and has had many successes for both parents and young children. The first cohort of FNP children have commenced school in September 2016 and will be tracked to enable more Barnet specific data to be collected.

6. **BACKGROUND PAPERS**

6.1 None.